

## TRICYCLIC ANTIDEPRESSANTS (TCAs) Side Effects:

Medications in this category: Amitriptyline (Elavil), Clomipramine (Anafranil), Desipramine (Norpramin), Imipramine (Tofranil), Nortriptyline capsules (Pamelor)

Most common: sedation, dry mouth, constipation, weight gain, sexual side effects, delay when starting to pass urine (urinary hesitation), blurred vision.

Serious but rare: seizures, cardiac effects (head rush or lightheadedness upon standing, arrhythmias, QT prolongation, and AV block.)

Pregnancy: Relatively large database; recent meta-analysis of 300,000 live births revealed no increased risk of birth defects. Neonatal anticholinergic effects (constipation, dry mouth, difficulty passing urine). Transient neonatal withdrawal symptoms reported.

This is a simplified list of side effects focusing on what is common or severe because complete lists of more rare and less serious side effects are often overwhelming. If desired, complete lists of potential side effects can be found on reputable web sites like [Drugs.com](http://Drugs.com).